

# LET'S TALK

understanding your  
developing body classes

## Body Talk

### A Class for Pre-Teens

Separate classes for girls and boys, ages 9-11, to explain how your body is growing, what changes to expect during puberty and how to take care of yourself. Both classes include informal, open discussions, a film and take home materials. Bring your mom or dad!  
(classes are ongoing)

**\$30 per family**

## Beyond BodyTalk

### A Class for the Mid-Teen Years

This class is for 12 to 14 year olds. Separate classes explain male and female anatomy, how the reproductive system works, discusses human sexuality, along with discussions on family and peer relationships. Bring your mom or dad!  
(classes are ongoing)

**\$30 per family**

## Sex, Truth & Consequences

### A Class for Older Teens

This class is for teens only, ages 15-18. Content includes male/female anatomy and physiology, sexual responsibility, sexually transmitted diseases, including HIV/AIDS, and how to make healthy choices

**\$15 per person**

To register (*registration is required*)  
or for more information call  
the Woman's Foundation, Inc. at 988-1816.

 **WOMAN'S**  
*foundation inc.*

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